

Winter Break

Bowen Island Community Recreation
Office/Weight room/Fitness hours

December 19 th - 22 nd	Office and Weight room 8:30 - 4:30pm
December 23 rd	Office and Weight room 8:30 - Noon
December 24 th – January 2 nd	Office and Weight room Closed
Tuesday January 3 rd	Regular hours resume

Please be advised that all Regular Fitness Classes ended on December 17th

Regular Winter Fitness Schedule will begin January 3rd.

Drop in Zumba classes

Available during the winter Break at the Fitness Studio (\$6.50 or strip ticket)

Monday December 19 th	6:15 – 7:15pm
Wednesday December 21 st	6:15 -7:15pm
Wednesday December 28 th	9am – 10am
Friday December 30 th	9am – 10am

Fitness Studio is located at 650 Carter Road (*downstairs side entrance*)

